

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Coreen Bierman**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**  
held at Walter Sisulu Garden.

**TIME 01:12:57**

**PACE 09:06/km**  
**OVERALL 33 of 166**

**GENDER 9 of 88**  
**50 - 59 1 of 10**

23 June 2019, Sun

Date



*BoutTime*

Signature

